

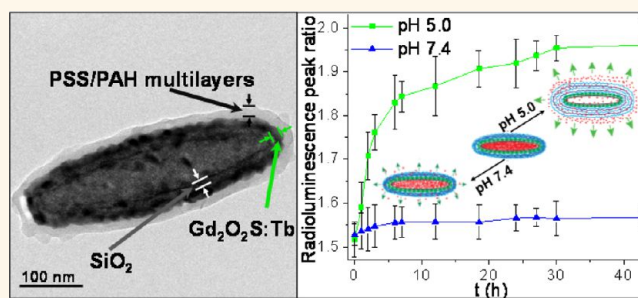
# Monitoring pH-Triggered Drug Release from Radioluminescent Nanocapsules with X-ray Excited Optical Luminescence

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**ABSTRACT** One of the greatest challenges in cancer therapy is to develop methods to deliver chemotherapy agents to tumor cells while reducing systemic toxicity to noncancerous cells. A promising approach to localizing drug release is to employ drug-loaded nanoparticles with coatings that release the drugs only in the presence of specific triggers found in the target cells such as pH, enzymes, or light. However, many parameters affect the nanoparticle distribution and drug release rate, and it is difficult to quantify drug release *in situ*. In this work, we show proof-of-principle for a

“smart” radioluminescent nanocapsule with an X-ray excited optical luminescence (XEOL) spectrum that changes during release of the optically absorbing chemotherapy drug, doxorubicin. XEOL provides an almost background-free luminescent signal for measuring drug release from particles irradiated by a narrow X-ray beam. We study *in vitro* pH-triggered release rates of doxorubicin from nanocapsules coated with a pH-responsive polyelectrolyte multilayer using HPLC and XEOL spectroscopy. The doxorubicin was loaded to over 5% by weight and released from the capsule with a time constant *in vitro* of ~36 days at pH 7.4 and 21 h at pH 5.0, respectively. The Gd<sub>2</sub>O<sub>2</sub>S:Eu nanocapsules are also paramagnetic at room temperature with similar magnetic susceptibility and similarly good MRI T<sub>2</sub> relaxivities to Gd<sub>2</sub>O<sub>3</sub>, but the sulfur increases the radioluminescence intensity and shifts the spectrum. Empty nanocapsules did not affect cell viability up to concentrations of at least 250 μg/mL. These empty nanocapsules accumulated in a mouse liver and spleen following tail vein injection and could be observed *in vivo* using XEOL. The particles are synthesized with a versatile template synthesis technique which allows for control of particle size and shape. The XEOL analysis technique opens the door to noninvasive quantification of drug release as a function of nanoparticle size, shape, surface chemistry, and tissue type.



**KEYWORDS:** pH-triggered drug release · release monitoring · radioluminescent nanocapsules · theranostics

Nanoparticle drug carriers with stimuli-responsive controlled drug release have the potential for site-selective controlled release. Stimuli such as pH,<sup>1–4</sup> temperature,<sup>5,6</sup> redox reactions,<sup>7,8</sup> enzyme,<sup>9–11</sup> and light<sup>12–14</sup> have been studied as triggers for drug release. The *in vivo* drug release rate and location depend upon many factors, including nanoparticle size, shape, composition, and surface chemistry as well as physiological factors such as vasculature and blood flow rate, pH, and

enzyme concentration. In principle, one would like to optimize the nanoparticle parameters in order to maximize drug release into tumors and minimize systemic release in the blood; however, it is a challenge to measure release *in vivo* after systemic administration. To rationally design effective chemotherapy carriers, there is a critical need to develop flexible theranostic nanocarriers that can be localized in tissues to monitor drug release at high resolution. While positron emission tomography

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(PET)<sup>15–17</sup> and single photon emission computed tomography (SPECT)<sup>18</sup> are the most common molecular *in vivo* imaging techniques, there is no way to distinguish encapsulated from released drug.

Doxorubicin (DOX) is a chemotherapy drug used to treat a wide range of cancers. However, its serious adverse effects such as suppression of hemopoiesis and gastrointestinal and cardiac toxicity limit its applications.<sup>19,20</sup> It is crucial to control the concentration of doxorubicin specifically in the blood circulation, normal tissues, and tumor tissues. Unfortunately, DOX clears rapidly from circulation (circulation half-life of <5 min),<sup>21</sup> which makes it difficult to specifically target tumor cells using free drug. A pH-responsive controlled release system for DOX could address this issue by releasing drugs into the blood only gradually, but rapidly release drugs after endocytosis in acidic tumor lysosomes and endosomes. The particles could be targeted to tumors *via* enhanced permeability and retention (EPR) effect and by functionalizing the nanoparticle surface with appropriate antibodies or other targeting molecules. For example, in 2005, Lee *et al.* reported pH-sensitive micelles as carriers for DOX to enhanced tumor specificity and endosome disruption property on the carrier.<sup>22,23</sup> Recently, mesoporous silica has also gained attention as drug storage and release hosts due to their mesoporous structure, high surface area, and easily modified surface.<sup>24–27</sup> Zhu and co-workers reported pH-controlled delivery of DOX to cancer cells based on small mesoporous carbon nanospheres. However, these studies did not use radioluminescent nanoparticles or provide a method to quantify the release rate *in situ*.

Recently, the Xing group developed X-ray luminescence computed tomography (XLCT) to image the location of radioluminescent particles embedded in tissue using a narrow X-ray beam (*e.g.*, 1 mm) to irradiate the particles and a photodetector to collect the luminescence.<sup>28–32</sup> The X-ray excited optical luminescence is only generated in the path of the narrow X-ray beam which penetrates deeply through tissue and maintains focus through several centimeters. The spatial resolution is determined by the narrow X-ray beam width. The image is formed point-by-point by measuring the total luminescence intensity collected at each X-ray beam position, while the beam is scanned across the sample. A three-dimensional image is generated by rotating the sample relative to the X-ray beam and using tomographic reconstruction algorithms. XLCT is a low-background technique because only the radioluminescent particles emit light during the imaging process. The Xing group also developed a limited-angle X-ray luminescence tomography (XLT) to more rapidly acquire images without rotating the X-ray relative to the sample, but with worse resolution along one of the three dimensions.<sup>33</sup> On the basis of their simulation, this technique allows imaging

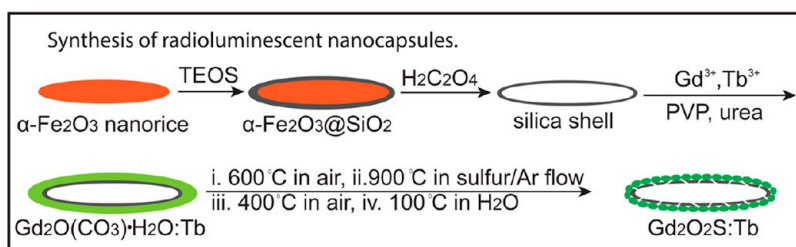
microgram/milliliter particle concentrations through 5 cm of tissue with ~10 mGy dose of X-ray. This technique is expected to be especially useful in surgical applications because of its short acquisition time, high depth resolution, and low X-ray dose.

In our previous work, we extended these X-ray excited optical luminescence (XEOL) approaches to perform high spatial resolution chemical analysis in tissue by using the radioluminescent particles as an *in situ* localized light source for spectrochemical analysis in conjunction with nearby chemical indicator dyes. For example, to measure pH on an implanted surface, we placed pH paper upon a radioluminescent film with embedded Gd<sub>2</sub>O<sub>2</sub>S:Tb particles to alter the their spectral ratio of radioluminescence peaks in a pH-dependent manner.<sup>34</sup> We also demonstrated submillimeter imaging through 1 cm of chicken breast.<sup>34,35</sup> In addition to pH indicators, the principle applies to other materials that absorb light, including silver and gold nanoparticles deposited on films.<sup>36</sup> We also found that the XEOL spectrum of hollow Gd<sub>2</sub>O<sub>3</sub>:Eu nanoparticles is greatly reduced by the presence of an iron oxide core.<sup>37</sup> Upon the basis of these results, we hypothesized that we could use radioluminescence to monitor the release of dyes and optically absorbing drugs from the core of radioluminescent nanocapsules.

In this work, we synthesize rare-earth (Tb, Eu)-doped Gd<sub>2</sub>O<sub>2</sub>S-based radioluminescent capsules as a drug nanocarrier and drug release monitor. Compared with gadolinium oxide doped with Eu, Tb- and Eu-doped gadolinium oxysulfide possesses higher photoconversion efficiency (approximately 60 000 visible photons/MeV for Gd<sub>2</sub>O<sub>2</sub>S:Tb and Gd<sub>2</sub>O<sub>2</sub>S:Eu, 40 000 visible photons/MeV for Gd<sub>2</sub>O<sub>3</sub>:Eu).<sup>35</sup> Their bright radioluminescence (see Supporting Information Figure S1) can be used to track the delivered drug and monitor the drug release process. Meanwhile, these capsules serve as good T<sub>2</sub>-weighted MRI contrast agents which can be used as a complementary imaging mode for X-ray functional imaging.<sup>35</sup>

## RESULTS AND DISCUSSION

Particle shape plays a crucial role in the application of drug delivery systems.<sup>38,39</sup> Some previous studies on particles with high aspect ratio (*e.g.*, nanorod, nanorice) showed that those particles (>500 nm in length) with high aspect ratio have a slower clearance rate than particles with low aspect ratio (*e.g.*, spherical particles) in the application of drug delivery systems.<sup>40,41</sup> We chose ellipsoidal hollow silica nanorice as templates to synthesize monodispersed ellipsoidal nanocapsules. The technique is highly flexible for controlling the nanocapsule size and shape: by varying the synthesis condition of the template,<sup>42–44</sup> the length of these nanocapsules can be tuned from 20 to 600 nm and the aspect ratio can be adjusted from spheres to prolate spheroids. In order to obtain monodispersed silica nanoshells, as



**Figure 1.** Schematic illustration of the synthesis of radioluminescent nanocapsules.

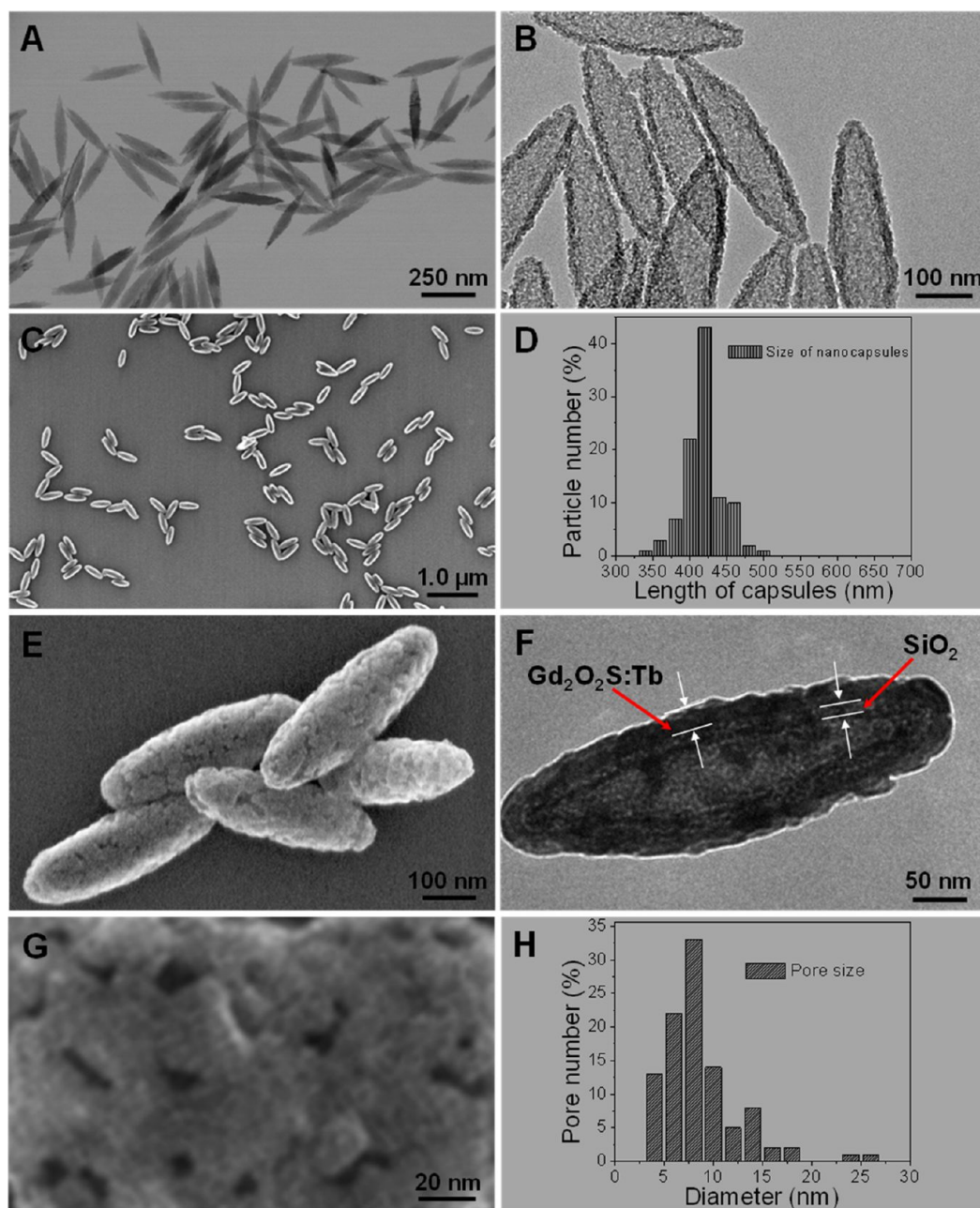
shown in Figure 1, monodispersed hematite nanorice is first prepared, then treated through a modified Stöber procedure to form a thin silica shell. Finally, the hematite core was removed by etching in 0.5 M oxalic acid for 17 h. The monodispersed silica shell was then coated with a layer of  $\text{Gd}_2\text{O}(\text{CO}_3)_2\cdot\text{H}_2\text{O}$  doped with terbium ( $\text{Tb}^{3+}/\text{Gd}^{3+} = 2.4$  mol %) or europium ( $\text{Eu}^{3+}/\text{Gd}^{3+} = 5.1$  mol %) through a homogeneous precipitation method from gadolinium, europium nitrate. After heat treatment at 600 °C for 1 h, the amorphous  $\text{Gd}_2\text{O}(\text{CO}_3)_2\cdot\text{H}_2\text{O}$  layer transformed into  $\text{Gd}_2\text{O}_3$ . The above product was treated by sulfur gas with argon flow at 900 °C for 1 h to convert the  $\text{Gd}_2\text{O}_3$  to  $\text{Gd}_2\text{O}_2\text{S}$ . The obtained nanoparticles were reheated at 400 °C in the air for 1 h and incubated in boiling water for 2 h to remove the residue of sulfur and gadolinium sulfide.

TEM images in Figure 2A show monodispersed spindle-shaped iron oxide seeds. Figure 2B represents the intact silica shell after the iron oxide core was removed by dissolving in oxalic acid. The SEM image in Figure 2C and narrow size distribution in Figure 2D indicate that the monodispersed nanocapsules were obtained successfully with an average length of  $420 \pm 20$  nm and width of  $130 \pm 15$  nm. The nanocapsules possess a 10 nm thick inner silica shell and a 25 nm thick outer  $\text{Gd}_2\text{O}_2\text{S}:\text{Tb}$  radioluminescent shell (Figure 2F) with porous morphology (Figure 2E,G and Supporting Information Figure S2). The pores are irregular in shape, with an average diameter of  $8.5 \pm 2$  nm. These visible pores in the shell ( $\text{Gd}_2\text{O}_2\text{S}:\text{Tb}$ ) of the nanocapsules likely facilitate drug loading and releasing. Crystal structure and composition of these nanocapsules were characterized by powder X-ray diffraction (XRD), and the host is shown as a hexagonal phase of  $\text{Gd}_2\text{O}_2\text{S}$  according to the data of JCPDS card no. 26-1422 (Supporting Information Figure S3).  $\text{Gd}_2\text{O}_2\text{S}:\text{Eu}$  with similar aspect ratio was also synthesized by the same silica nanotemplate (Supporting Information Figures S4 and S5). The tunable size range and the morphology make these nanocapsules promising as drug carriers. In order to apply these nanocapsules in biological applications, the stability of the nanocapsules was tested in 0.3% (vol %) acetic acid (pH  $\sim 3.0$ ). The SEM images in Figure S6 show no discernible dissolution, indicating that the nanocapsules are very stable under pH 3 at 37 °C even after 24 h. The cell viability of our X-ray phosphors on MCF-7 breast cancer cells was also tested,

and it is shown that cell viability was greater than 90% when the concentration of  $\text{Gd}_2\text{O}_2\text{S}:\text{Tb}$  and  $\text{Gd}_2\text{O}_2\text{S}:\text{Eu}$  is as high as 250  $\mu\text{g}/\text{mL}$ , after incubation for 24 h (Supporting Information Figure S7).

The radioluminescence spectra of nanocapsules ( $\text{Gd}_2\text{O}_2\text{S}:\text{Tb}$ , Eu) are presented in Figure 3. The radioluminescence mechanism involves the generation of electron–hole pairs in the host lattice following X-ray absorption. These electron–hole pairs then excite  $\text{Tb}^{3+}$  and  $\text{Eu}^{3+}$  centers, which emit visible and near-infrared light. The conversion efficiency is 60 000–70 000 visible photons/MeV X-ray photon in bulk  $\text{Gd}_2\text{O}_2\text{S}:\text{Eu}$ , corresponding to an energy efficiency of approximately 15%.<sup>45–47</sup> The narrow luminescent peaks of  $\text{Gd}_2\text{O}_2\text{S}:\text{Tb}$  are attributed to the transitions from the  $^5\text{D}_4$  excited state to the  $^7\text{F}_j$  ( $J = 6, 5, 4, 3, 2, 1, 0$ ) ground states of the  $\text{Tb}^{3+}$  ion. The  $^5\text{D}_4 \rightarrow ^7\text{F}_5$  transition at 544 nm is the most prominent group. The  $^5\text{D}_{0,1} \rightarrow ^7\text{F}_j$  ( $J = 0, 1, 2, 4$ ) transition lines of the  $\text{Eu}^{3+}$  ions generate the intense peak at 590, 612, 620, and 720 nm. The strongest red emission which splits into two peaks at 621 and 612 nm arises from the forced electric dipole  $^5\text{D}_0 \rightarrow ^7\text{F}_2$  transitions of the  $\text{Eu}^{3+}$  ions. These nanocapsules displayed similar fluorescence spectra under blue excitation light (460–495 nm) (Supporting Information Figure S8). However, blue light does not penetrate as deeply into tissue as X-rays and, unlike X-rays, does not stay collimated or focused, which dramatically reduces image resolution.

Poly(styrenesulfonate sodium) (PSS) and poly(allylamine hydrochloride) (PAH) are widely used polyelectrolytes in pH-controlled release systems.<sup>1–4</sup> In order to create a stimuli-responsive system for DOX, our X-ray luminescent nanocapsules were coated with eight layers of negatively charged PSS and seven layers of positively charged PAH to encapsulate DOX with layer-by-layer assembly (Figure 4; the particle is denoted as  $\text{DOX}@\text{Gd}_2\text{O}_2\text{S}:\text{Tb}@\text{PSS}/\text{PAH}$ ). Because the surfaces of our nanocapsules are positively charged (+14.9 mV, Figure S9, Supporting Information), the first layer of polyelectrolyte coated on nanocapsules is PSS. After the layer-by-layer coating, the nanocapsules are coated by an average of 30 nm thick polyelectrolyte with a layer of PSS on the surface. Cell viability tests indicate that the empty  $\text{Gd}_2\text{O}_2\text{S}:\text{Tb}$  nanocapsules coated with PSS/PAH multilayers show no significant toxicity to a concentration of at least 250  $\mu\text{g}/\text{mL}$ , the highest concentration



**Figure 2.** (A) TEM image of monodispersed iron oxide seeds. (B) TEM image of hollow silica shell after removing iron oxide core. (C) SEM image of monodispersed radioluminescent nanocapsule ( $\text{Gd}_2\text{O}_2\text{S:Tb}$  (Tb/Gd = 2.4 mol %)). (D) Size distribution of the nanocapsules. (E) High-magnification SEM image of the nanocapsule. (F) TEM image of the nanocapsule. (G) High-magnification SEM image of surface of a nanocapsule. (H) Pore size distribution from 100 nanocapsules with 3786 pores; the diameter of each pore is calculated by the average value of the maximum and minimum length of the pore.

measured (Supporting Information Figure S7). In order to demonstrate that the DOX is loaded into the nanocapsules, nanocapsules filled with a solid core were synthesized as a control by using the silica-coated hematite instead of hollow silica shells as the template. The same DOX loading and polyelectrolyte coating were employed to the nanocapsules with a solid core (iron sulfide). From the released DOX from these solid particles, we calculate that the hollow particles release approximately 20 times more DOX than the solid-core particles, indicating that most of the DOX is stored in the

core of the hollow particles (Supporting Information Figure S10).

To study the release rate at normal physiological pH and in acidic cancer environments, we measured the release rate in pH 7.4 PBS and 5.0, respectively. The cumulative release profile of doxorubicin from these nanocapsules is pH-dependent (Figure 5). The drug release is enhanced at pH 5.0, which is applicable for cancer therapy due to the low pH environment in tumors and within endosomes after internalization by cancer cells.<sup>48,49</sup> Upon the basis of exponential fitting

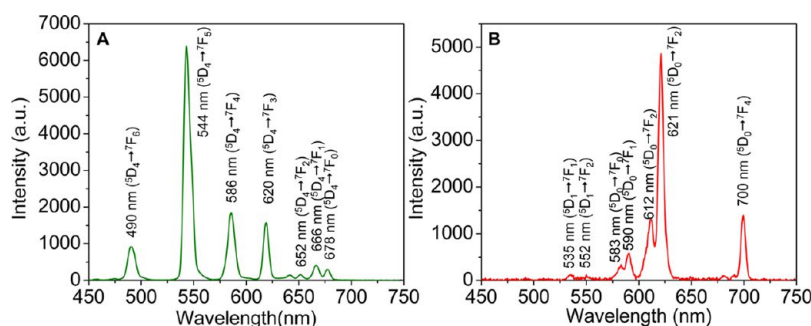


Figure 3. X-ray excited optical luminescence spectra of empty nanocapsules: (A)  $\text{Gd}_2\text{O}_2\text{S:Tb}$ , (B)  $\text{Gd}_2\text{O}_2\text{S:Eu}$ .

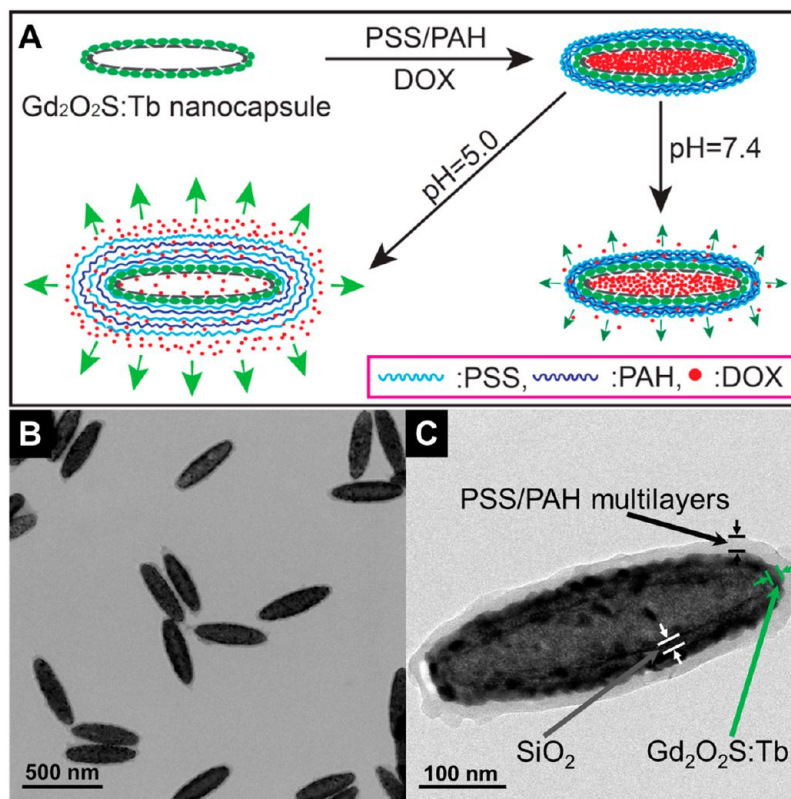


Figure 4. (A) Schematic illustration of the synthesis of  $\text{DOX}@Gd_2O_2S:Tb@PSS/PAH$  and pH-responsive release of DOX. (B) TEM image of  $\text{DOX}@Gd_2O_2S:Tb@PSS/PAH$  nanocapsules. (C) High-resolution TEM image of a single  $\text{DOX}@Gd_2O_2S:Tb@PSS/PAH$  nanocapsule.

to the HPLC release curve, the release rate time constant was estimated to be  $\sim 36$  days at pH 7.4 and 21 h at pH 5.0. From the released DOX at pH 5.0 after 48 h, the encapsulated DOX in  $\text{DOX}@Gd_2O_2S:Tb@PSS/PAH$  was over 5% by weight.

Our pH-responsive controlled release system is also able to monitor the release process of DOX at different pH by detecting the radioluminescence of  $\text{Gd}_2\text{O}_2\text{S:Tb}$  nanocapsules (Figure 6). The radioluminescence peak ratio is shown to be very sensitive to the early release of DOX, especially in the first 10 h. The single exponential fit time constant for the radioluminescence peak ratio was estimated to be 4 h at pH 5.0, and  $\sim 7$  days at pH 7.4. At pH 5.0 and 7.4, DOX has a similar broad absorption of light from 350 to 600 nm, which overlaps with some of the XEOL peaks of  $\text{Gd}_2\text{O}_2\text{S:Tb}$  (Figure 6A).

Figure 6B shows that the intensity ratio of X-ray luminescence at 544 and 620 nm increases with the release of doxorubicin because local luminescence absorption by DOX decreases when DOX is released. We observed the similar luminescent increase of nanoparticle with iron oxide as a core when the iron oxide is partially dissolved.<sup>37</sup> The mechanism is likely a combination of near-field absorption and/or energy transfer. Future work will elucidate the mechanism by measuring the XEOL spectra and lifetime. The peak intensity ratio reaches a maximum value when the DOX concentration in the particles is in equilibrium with the solution concentration.

In order to examine the uptake of these nanocapsules by cancer cells, nanocapsules doped with europium ( $\text{Gd}_2\text{O}_2\text{S:Eu}$ ) were incubated with MCF-7 cancer cell and washed multiple times to eliminate nanocapsules

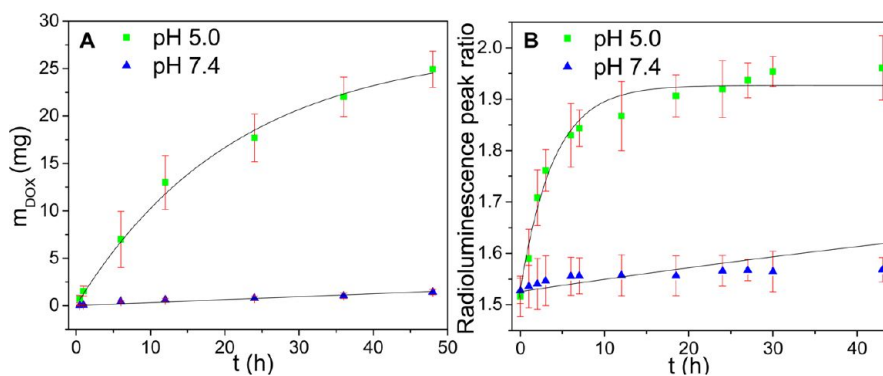


Figure 5. (A) Cumulative release of doxorubicin from DOX@Gd<sub>2</sub>O<sub>3</sub>S:Tb@PSS/PAH at pH 5.0 and 7.4, measured with HPLC. The line fits data to a single exponential curve with a saturation of 27.4 mg. This saturation is calculated based on the fit at pH 5.0. (B) Peak ratio of real time radioluminescence intensity at 544 and 620 nm as a function time in pH 5.0 and 7.4 buffers. The line fits data to a single exponential curve with a saturation ratio of 1.93. This saturation is calculated based on the fit at pH 5.0.

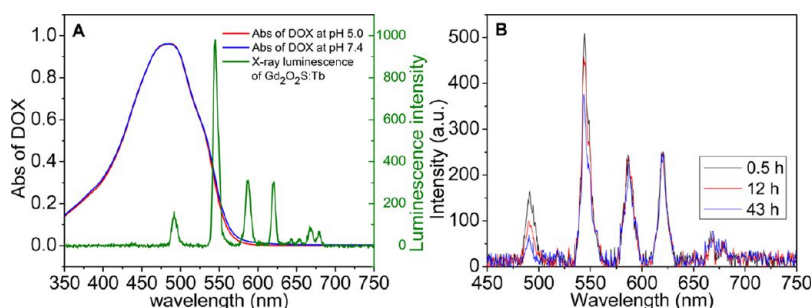


Figure 6. (A) Absorption spectra of DOX (0.05 mg/mL at pH 5.0 and 7.4) and radioluminescence spectrum of Gd<sub>2</sub>O<sub>3</sub>S:Tb@PSS/PAH. (B) Radioluminescent spectra of DOX@Gd<sub>2</sub>O<sub>3</sub>S:Tb@PSS/PAH at pH 5.0 taken at three different times during drug release.

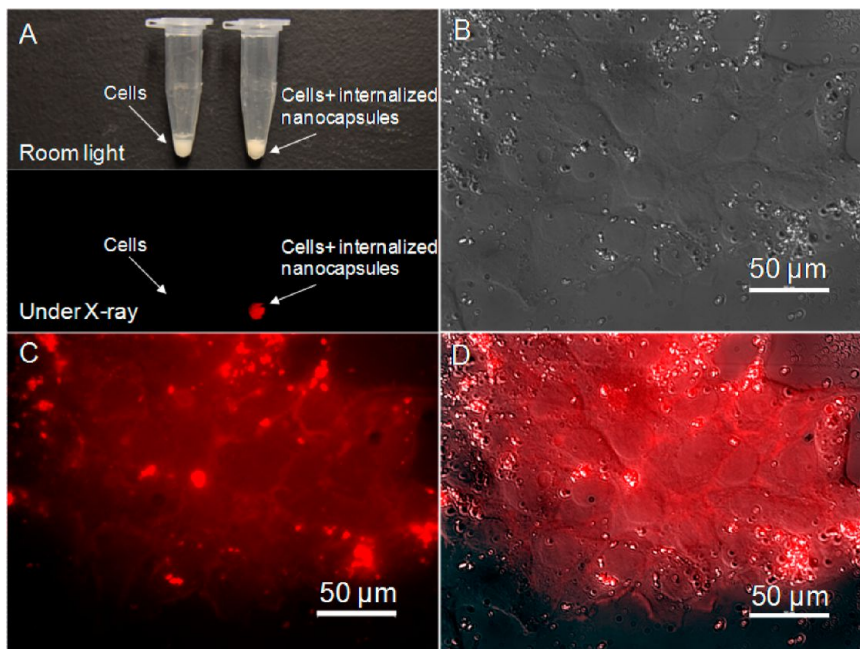
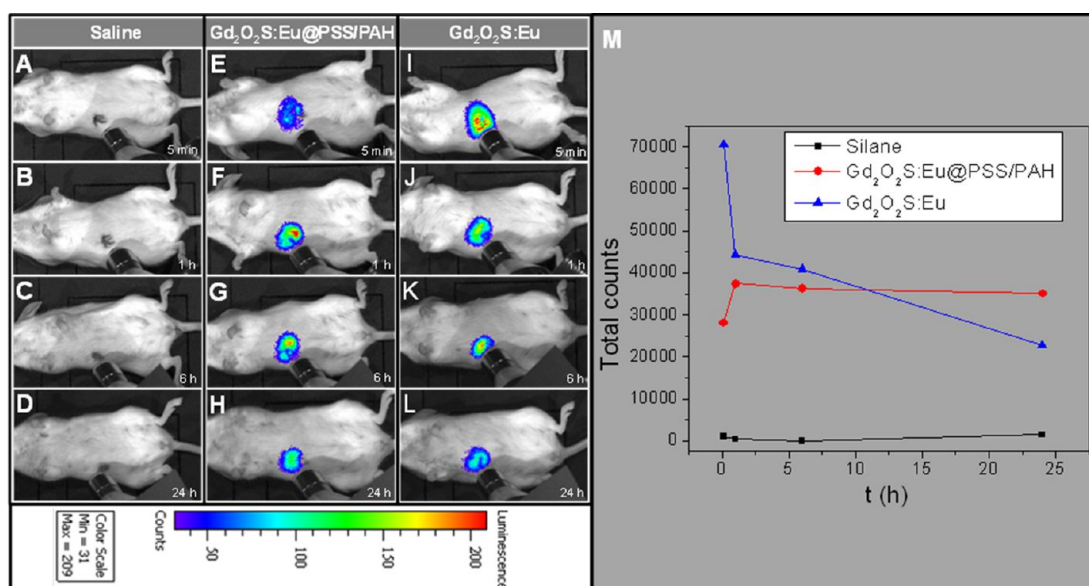


Figure 7. (A) Photograph of MCF-7 breast cancer cells with and without internalized nanocapsules (Gd<sub>2</sub>O<sub>3</sub>S:Eu) viewed under room light and X-ray irradiation. (B) Transmitted light differential interference contrast microscopy image of MCF-7 cells with internalized nanocapsules (Gd<sub>2</sub>O<sub>3</sub>S:Eu). (C) Fluorescence microscopy image of the cells shown in (B). (D) Merged image of (B) and (C).

from the cell culture media. The internalized nanocapsules were brightly luminescent under X-ray radiation (Figure 7A). The bright fluorescence signal of nanocapsules is very useful in drug localization and cell labeling.

Figure 7C shows the fluorescence signal of the Gd<sub>2</sub>O<sub>3</sub>S:Eu nanocapsules in MCF-7 cancer cells after multiple washing steps to eliminate nanocapsules from the cell culture media.



**Figure 8.** Representative luminescent images of accumulation of Gd<sub>2</sub>O<sub>2</sub>S:Eu nanocapsules with and without polymer coating in a mouse model, with the X-ray beam irradiating the liver. (A) 5 min, (B) 1 h, (C) 6 h, (D) 24 h after the mouse was injected with saline (200  $\mu$ L). (E) 5 min, (F) 1 h, (G) 6 h, (H) 24 h after the mouse was injected with Gd<sub>2</sub>O<sub>2</sub>S:Eu@PAH/PSS nanocapsules (200  $\mu$ L, 1 mg/mL). (I) 5 min, (J) 1 h, (K) 6 h, (L) 24 h after the mouse was injected with Gd<sub>2</sub>O<sub>2</sub>S:Eu nanocapsules (200  $\mu$ L, 1 mg/mL). (M) Total radioluminescence intensity counts as a function of time after injection.

To demonstrate that the nanoparticle XEOL can be imaged *in vivo* using a IVIS Lumina-XR imaging system (Caliper Life Sciences, Hopkinton, MA, USA) during irradiation with a miniature X-ray source (Amptek mini X-ray tube, Ag target, Amptek Inc. MA, USA), 200  $\mu$ L of 1 mg/mL Gd<sub>2</sub>O<sub>2</sub>S:Eu nanocapsules coated with PSS/PAH multilayers was injected into a mouse tail vein. The effective nanocapsule concentration in the mouse is about 133  $\mu$ g/mL (the blood volume of a mouse is around 1.5 mL), which did not affect cell viability for MCF-7 breast cancer cells *in vitro*. Furthermore, a preliminary maximum tolerated dose (MTD) study was carried out, and it shows that no morbidity or weight loss was observed for doses up to 400 mg/kg. The *in vivo* accumulation of the nanocapsules in the liver was evident under X-ray irradiation with 0.1 s exposure time. Compared to the Gd<sub>2</sub>O<sub>2</sub>S:Eu without PSS/PAH multilayers (Figure 8), the accumulation rate for polyelectrolyte-coated nanocapsules is slower in the first 1 h. Post mortem, XEOL images of the excised organs confirmed that the nanocapsules accumulated in liver and spleen (Supporting Information Figure S11).

Recent studies describe the synthesis and applications of gadolinium oxide (Gd<sub>2</sub>O<sub>3</sub>) nanoparticles as MRI contrast agents.<sup>37,50–54</sup> However, to our knowledge, no investigation of gadolinium oxysulfide (Gd<sub>2</sub>O<sub>2</sub>S)-based MRI contrast agents has been reported so far. Our luminescent nanocapsules mainly consisting of Gd<sub>2</sub>O<sub>2</sub>S also have similar magnetic properties to gadolinium oxide, which make them a potential MRI contrast agent.<sup>37</sup> Room temperature magnetic hysteresis loops of the nanocapsules (Gd<sub>2</sub>O<sub>2</sub>S:Tb, Gd<sub>2</sub>O<sub>2</sub>S:Eu) are shown in Figure S12. Both types of



**Figure 9.**  $T_2$ - and  $T_2^*$ -weighted images of radioluminescent nanocapsules. Group A:  $T_2$ -weighted images of Gd<sub>2</sub>O<sub>2</sub>S:Eu nanocapsules with concentration of 0.8, 0.4, 0.1, and 0.05 mg/mL. Group B:  $T_2$ -weighted images of Gd<sub>2</sub>O<sub>2</sub>S:Tb with concentration of 0.8, 0.4, 0.1, and 0.05 mg/mL. Group A\*:  $T_2^*$ -weighted images of Gd<sub>2</sub>O<sub>2</sub>S:Eu nanocapsules with concentration of 0.8, 0.4, 0.1, and 0.05 mg/mL. Group B\*:  $T_2^*$ -weighted images of Gd<sub>2</sub>O<sub>2</sub>S:Tb nanocapsules with concentration of 0.8, 0.4, 0.1, and 0.05 mg/mL.

nanocapsules are paramagnetic, as evident by the linear relation between the particle magnetization and the applied magnetic field with no indication of saturation up to applied fields of at least 30 kOe. Both Gd<sub>2</sub>O<sub>2</sub>S:Tb and Gd<sub>2</sub>O<sub>2</sub>S:Eu nanocapsules had almost identical magnetic susceptibilities of  $1.2 \times 10^{-4}$  emu g<sup>-1</sup> Oe<sup>-1</sup>.

We performed *in vitro* MR assays ( $T_2$ - and  $T_2^*$ -weighted imaging) in 0.5% agarose gel for both types of Gd<sub>2</sub>O<sub>2</sub>S:Tb and Gd<sub>2</sub>O<sub>2</sub>S:Eu nanocapsules with a series of concentration (0.8, 0.4, 0.1, and 0.05 mg/mL). Figure 9 shows  $T_2$ - and  $T_2^*$ -weighted images after 3 ms. The proton relaxivities,  $r_2$ , of the nanocapsules were determined from the transverse relaxation rates at various concentrations. These relaxation rates are shown as a function of concentration in Figure S13. The relaxivities  $r_2$  and  $r_2^*$  are 50.3 and 116.0 mM<sup>-1</sup> s<sup>-1</sup>, respectively, for Gd<sub>2</sub>O<sub>2</sub>S:Tb nanocapsules and 51.7 and 116.4 mM<sup>-1</sup> s<sup>-1</sup> for Gd<sub>2</sub>O<sub>2</sub>S:Eu nanocapsules.

For these nanocapsules,  $r_2^*$  is larger than  $r_2$  due to the inhomogeneities of local static field from the mag-

netic moment of the particles. Previous work on gadolinium oxide nanoparticles (e.g., ultrasmall  $\text{Gd}_2\text{O}_3$  nanoparticles (1–10 nm)<sup>50–53</sup> and hollow nanoparticles with thin  $\text{Gd}_2\text{O}_3$  shell ( $\sim 10$  nm)<sup>54</sup>) reported that they can serve as good  $T_1$  contrast agents and moderate  $T_2$  contrast agents. However, our nanocapsules with a  $\sim 25$  nm  $\text{Gd}_2\text{O}_2\text{S}$ -based nanoshell worked as a better  $T_2$  contrast agent than many reported  $\text{Gd}_2\text{O}_3$  nanoparticles ( $r_2 = 14.1–16.9 \text{ mM}^{-1} \text{ s}^{-1}$ )<sup>55–57</sup> and gadolinium chelates (Gd-DOTA,  $4.9 \text{ mM}^{-1} \text{ s}^{-1}$ ).<sup>55</sup> In addition, the  $T_2$  relaxivity value of our nanocapsules is similar to FDA-approved iron oxide nanoparticle contrast agents such as Ferumoxtran (Resovist,  $65 \text{ mM}^{-1} \text{ s}^{-1}$ ), cross-linked iron oxide particles (CLIO-Tat,  $62 \text{ mM}^{-1} \text{ s}^{-1}$ ), and water-soluble iron oxide (WSIO,  $78 \text{ mM}^{-1} \text{ s}^{-1}$ ).<sup>58–61</sup>

## CONCLUSION

In summary, we present a flexible template-directed method to produce radioluminescent nanocapsules to

carry hydrophilic drugs and monitor release kinetics. The release rate time constant was  $\sim 36$  days at pH 7.4 and 21 h at pH 5.0. Importantly, the release mechanisms could be monitored *in situ* by tracking the ratio of radioluminescence spectral peaks. Radioluminescence offers several advantages over traditional optical imaging agents, including greater tissue penetration, elimination of autofluorescence, and the ability to perform high-resolution imaging through thick tissue *via* functional X-ray luminescence tomography (FXLT).<sup>30,32,34,36</sup> Finally, the multifunctional nanocapsules combined the advantages of positive contrast of radioluminescence and negative contrast of  $T_2$ -weighted MR imaging. These capabilities allow these nanocapsules to enable novel drug delivery and imaging modalities. In the future, we plan to target DOX-loaded capsules to tumors and measure *in situ* release rates and tumor growth for various nanocapsule sizes, shapes, and surface chemistries.

## EXPERIMENTAL SECTION

**Materials.** Tetraethoxysilane (TEOS), poly(styrenesulfonate sodium) (PSS, MW  $\sim 70$  000), and iron(III) chloride anhydrous were purchased from Sigma-Aldrich (St. Louis, MO). Gadolinium nitrate, europium nitrate, and poly(allylamine hydrochloride) (PAH, MW  $\sim 15$  000) were purchased from Alfa Aesar (Ward Hill, MA). Ethanol (96%), urea, oxalic acid, ammonium hydroxide, and nitric acid were obtained from BDH Chemicals Ltd. (Poole, Dorset, UK). Deionized (DI) water was purchased from EMD Chemicals Inc. (Gibbstown, NJ, USA). Polyvinylpyrrolidone (PVP K-30, MW 40 000) was purchased from Spectrum Chemicals (Gardena, CA). Agarose (melting point  $88 \pm 1$  °C) was purchased from Shelton Scientific (Peosta, IA). All chemicals were used as received without further purification.

**Preparation of Nanocapsules  $\text{Gd}_2\text{O}_2\text{S:Tb}$  and  $\text{Gd}_2\text{O}_2\text{S:Eu}$ .** Monodispersed spindle-shaped hematite nanotemplates with controllable aspect ratios were prepared according to the method described by Ozaki and co-workers.<sup>43</sup> Typically, 100 mL of aqueous solution containing  $2.0 \times 10^{-2}$  M  $\text{FeCl}_3$  and  $3.6 \times 10^{-4}$  M  $\text{KH}_2\text{PO}_4$  was aged at 100 °C for 72 h. The resulting precipitate was centrifuged and washed three times with water. The hollow silica shell was obtained according to the literature.<sup>37,62,63</sup> The spindle-shaped hematite particles synthesized above were dispersed ultrasonically to a 80 mL solution containing PVP (0.6 g), water (6 mL), and ethanol (74 mL). The suspension was stirred using a magnetic stir bar at room temperature, and a solution of TEOS (270  $\mu\text{L}$ ) in 20 mL of ethanol was added, followed by 4 mL of ammonia hydroxide. After 3 h, the reaction mixture was precipitated by centrifuging at 4000 rpm for 16 min. The particles were washed three times with ethanol and centrifuged to collect the product. These silica-coated hematite nanoparticles were then suspended in 180 mL of distilled water with 1.8 g of PVP and 11.34 g of oxalic acid dihydrate and incubated at 60 °C for 17 h in order to dissolve the hematite core. The silica shell particles were collected by centrifugation and rinsed with DI water twice. The obtained hollow nanoshells were resuspended with 3 mL of  $\text{Gd}(\text{NO}_3)_3$  (1 M), 0.94 mL of  $\text{Tb}(\text{NO}_3)_3$  (80 mM), or 1.5 mL of  $\text{Eu}(\text{NO}_3)_3$  (80 mM), and 1.8 g of PVP in DI water to form 300 mL of solution. Eighteen grams of urea was added to the solution, and the solution was maintained at 80 °C for 60 min. The precursor of radioluminescent nanocapsules was collected by centrifugation and calcined in a furnace at 600 °C for 60 min. The powder was then transferred to a tube furnace with a sulfur/argon flow at 900 °C for 60 min. The obtained nanocapsules were reheated at 400 °C in the air

for 1 h and incubated in distilled water (2.5 mg/mL) at 100 °C for 2 h prior to use.

**Preparation of Polyelectrolyte Multilayer Coating.** Two milliliters of PSS with a concentration of  $5 \text{ mg mL}^{-1}$  in 0.5 M NaCl solution was added slowly (drop by drop) to a 10 mL aqueous suspension (pH 6) of 50 mg of DOX and 30 mg of nanocapsules ( $\text{Gd}_2\text{O}_2\text{S:Tb}$ ). After ultrasonic treatment for 10 min, the suspension was collected by centrifugation and washed three times in distilled water. Gentle shaking followed by ultrasonic treatment for 1 min was used to disperse the particles in 10 mL distilled water. Then, 2 mL oppositely charged PAH (5 mg/mL in 0.5 M NaCl) with 50 mg DOX was added slowly to the nanocapsule solution and the solution was sonicated for 10 min. The PSS coating process was repeated eight times, and the PAH coating was repeated seven times. Finally, a composite of DOX–nanocapsules coated with PAH/PSS multilayers was obtained.

**In Vitro HPLC Drug Release Study.** One hundred microliters of DOX-encapsulated nanocapsules with polyelectrolyte multilayers (10 mg/mL) was suspended with release media (7 mL) at pH 5.0 and 7.4 in Slide-A-Lyzer MINI dialysis units at room temperature. The release medium was removed for analysis at given time intervals and replaced with the same volume of fresh release medium. The DOX concentration was measured with high-performance liquid chromatography (HPLC) on a Waters system using an Alltima C18 column (250  $\times$  4.6 mm, 5  $\mu\text{m}$ ).

**Radioluminescence Drug Release Tracking Experiment.** Two milliliters of DOX-encapsulated nanocapsules with polyelectrolyte multilayers (25 mg/mL) was magnetically stirred at a rate of 400 rpm in release media of either pH 5 or 7.4. Fifty microliters of the solution was taken out for X-ray luminescence analysis without any separation at given time intervals.

**Preparation of Nanocapsules for MR Imaging.**  $T_2$  and  $T_2^*$  MR measurements were acquired for the spindle-shaped  $\text{SiO}_2@ \text{Gd}_2\text{O}_2\text{S:Eu}$  and  $\text{Gd}_2\text{O}_2\text{S:Tb}$  particles at a series of concentrations (0.8, 0.4, 0.1, and 0.05 mg/mL). The particles were dispersed in 0.5% agarose gel at 80 °C and cooled to room temperature in NRM tubes to set the gel. The gel prevented settling and aggregation, allowing MR imaging several days after preparation.

**Cell Viability Test.** MCF-7 breast cancer cells were seeded at a density of 10 000 cells/well in a 96-well plate. Cells were stored at 37 °C at 5%  $\text{CO}_2$  and attached to the plate overnight. Nanocapsules were suspended in media, sonicated for 10 min to disperse, and diluted to 250, 100, 50, and 10  $\mu\text{g/mL}$ . Medium was removed from the wells, and fresh medium or nanoparticle in media was added to each well. Five repeats were done for each concentration. Nanoparticles were incubated with cells



overnight, and the next day a Presto Blue assay (Life Technologies) was performed. Medium was removed, and 100  $\mu$ L of a 1:9 ratio Presto Blue in culture media was added to each well. Cells were incubated at 37 °C and 5% CO<sub>2</sub> for 45 min. Fluorescence intensity was taken with a plate reader with an excitation wavelength of 560 nm and an emission wavelength of 590 nm. Fluorescence intensity for each concentration of nanoparticle was normalized as a percentage of the fluorescence intensity of the control cells. Percent viability averages were plotted with error bars of one standard deviation.

**Characterization Methods.** Transmission and scanning electron microscopy (TEM) were performed on a H9500 operated at 200 kV and HD2000 microscope operated at 20 kV, respectively. Powder XRD patterns were obtained on a Rigaku diffractometer at 40 kV and 40 mA (Cu K $\alpha$  radiation). For fluorescence spectra, 480 nm light was used to excite the scintillators. To measure radioluminescence, X-ray was generated by a mini X-ray tube (Amptek Inc. MA, USA), and the X-ray tube was operated with a tube voltage of 40 kV and a tube current of 99  $\mu$ A. The sample was mounted on a Leica microscope (Leica DMI 5000M, Wetzlar, Germany) equipped with a DeltaNu DNS 300 spectrometer (Intevac-DeltaNu, Laramie, WY, USA) with a 150 lines/mm grating blazed at 500 nm and with a cooled CCD camera (iDUS-420BV, Andor, South Windsor, CT, USA). X-ray luminescence images were captured in an IVIS Lumina-XR imaging system (Caliper Life Sciences, Hopkinton, MA, USA) with 0.1 s exposure time. Bright-field and fluorescent images were taken on a Nikon microscope (Eclipse Ti, Nikon, Melville, NY, USA). Determination of the zeta-potential of the nanoparticles was performed via a Zetasizer Nano ZS (with a 633 nm He-Ne laser) from Malvern Instrument. Prior to the experiment, the particles were diluted in distilled water (0.1 mg/mL). Magnetization measurements were performed at the designated temperature using the vibrating sample magnetometer (VSM) option of the physical property measurement system (PPMS, Quantum Design, USA), with the applied magnetic field sweeping between  $\pm 3.0$  T at a rate of 50 Oe/s. Determination of the gadolinium content in a sample was performed by inductively coupled plasma (ICP) (Optima 3100 RL; Perkin-Elmer). All MRI experiments were performed on a Varian 4.7T horizontal bore imaging system (Agilent Inc., Santa Clara, CA). Samples, contained in 5 mm NMR tubes, were placed in a 63 mm inner diameter quadrature RF coil for imaging.

**Conflict of Interest:** The authors declare no competing financial interest.

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**Supporting Information Available:** Figures to address the characterization in terms of spectroscopy, electron microscopy images, toxicity, magnetic hysteresis, and magnetic resonance relaxivities. This material is available free of charge via the Internet at <http://pubs.acs.org>.

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